

## PRESCRIPTIONS FOR PRAYER

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Completion spiritual ministries

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Gordon Allen Spiritual ministries

August thru September 1994

Madeline Island Wisconsin US

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### Cleansing *preparing for prayer and meditation.*

Say you are sorry, that's Right!! Dear Lord I am Sorry! But I lost control today please forgive and help me.

The "Lord" knows you. You can be YOU with him He loves you and wants the very best for you.

Thru prayer and working with the help of the Holy Spirit and the spirit helps your life gradually at first then a little more changes... You find you are becoming a more efficient person in your matters.

The quality of your life is growing. You after a time find yourself actually anticipating the next and the next good things that are introduced into your life... You are aware of the Spirit and its guides representing the Lord in your life... You find admiration for the Beautifully immaculate way things are changed and brought to you or you to it: You reflect that the Lord does indeed work in less obvious ways than you would, however, he used us all to achieve each other desired results.

Usually we are not aware of the using.

Always Praise the Lord! In the car, wherever you are make it your habit to from your heart say "Thank You Dear Lord, Praise You"

#### **Short Form:**

Lord protect me in the Light Now! Keep the Dark away NOW! Thank you, Praise you  
Amen

**Comings and goings:** Dear Lord, protect me and mine in our comings and going, leavings and arriving, Bring me safely back to this place, Praise you Lord, Thank You, Amen

**Sort From:** Dear Lord, Protect me and bring me safely back to this place I leave. Praise You! Amen

## **GNOTES 1**

There is for mortals, no greater truth of life, or form of life or joy, which leads in any other direction than that of seeking of Completion.

We as aspirants seek Completion our Spirit comes in tune to such a degree that our Spiritual connection overwhelms our rational facility thru Open Universal knowledge intuitively communicated as pure truth. At the moment we are aware of it we know it to be such.

The perfection of our eternal Spirit and Completion with our father "God," with brother "Christ is in and of itself the sole and only point for us" in this in body Spirit form, as we learn or *relearn* love's lesson

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### **G.NOTES 1**

#### **Who is in the light of Christ's love?**

Thru time, the mortal has felt its latent possibilities, they have seen them blossom and Die ebb and flow, in the sea of mortal events.

Each time as mortals sought to exceed themselves, a suggestion would come that they had more than mortal possibilities in their life; as that quality would rise also the way in which they treated and interacted with fellow mortals rise, morally, intellectually, and in love and acceptance of one and another's condition.

Each rise of the Spiritual possibilities would inspire mortals to, purposefully with strong intent; seek communication and acceptance of God the father. These events are well documented.

The search for this communication between mortal man, God and the universe is a search for completion. Fulfillment in life for ultimate Christ-like Spirit in Heaven.

### **G.NOTES 1**

All spiritual order stems from knowledge of and interaction with, "God" "the Father", "Christ", "the Son" and working in the gifts of the Holy Spirit; their interaction into the e mortal world, and our interaction with fellow mortals, applying both those gifts and eternal messages as divinely impressed upon us. Shared encouragement is for all of in-body Spirits.

The divinely communicated absolute knowledge of "God" "the Father" and "Christ" the "Son" does not necessarily come thru faith alone, nor from circumstances or things desired, nor for unknown concepts of things not realized. It does however, come from "God" and the "Christ" through a manifestation of inspired INTUITIVE thought which is

impressed upon the eternal indwelling Spirit combined with physical magnifications of sensitive attunements, healing and confirmation of the Spirit in the search of Completion. These "messages" are available for EVERY Person.

## G.NOTES 1

An intellectual order in society in general is a goal which ebbs and flows according to the caprice of the Spiritual and moral order. The higher those two are, the higher the intellectual aspirations of society in general are. This is in clear evidence through the recorded history of mortals in Earth plane. At this time, we see clearly, the correlation between a failing of mass education and the general rapid moral and ethical decline Geographic areas in Large U.S. cities are price examples of this.

Morals, or the lack thereof here in mortal plane are subjective and interpreted by society as a whole based on Social and Religious conditions around them. High Spirituality as a norm brings high morals in general society.

## GNOTES 1

Our Spiritual development on the mortal plane is in reference to the "Christ'-Like" conditions, with translation and of them to other Spirits in mortal form with whom we come in contact, which DO transcend mortal death. They alone have true value.

Development of intellectual goals and the realization of these goals and ideals by which the search for, and attainment of, Completion with the Lord "God and "Christ" is accomplished.

Some fundamentals

The seeking of mortals towards our ultimate fulfillment is accomplished in truth thru correspondence with our eternal Spirit, which is, in fact, who we, now knowing of the fact of their in-body spirit, are.

## CHARITY AND LOVE:

..... THE HIGHEST FORM OF CHARITY

..... THE GREATEST FORM OF LOVE

WE CAN NAME, AND SHOW, FOR ANOTHER, IS TO ASSIST IN THE SEARCH FOR THEIR COMPLETION IN SPIRIT, IN PREPARATION FOR THEIR EVENTUAL MORTAL DEATH...

This in turn helps Holy Spirit accomplish their Spiritual transition from mortal to renewal of our Spiritual life with the positive aspect with us into renewed Spiritual life, with mortal life lessons learned. Mortal life except for something higher, broader, deeper, finer, is almost utterly useless to its possessor.

Its "Joy" is the expression of unconditional self-less love; the value of mortal life expressed as God intended and instructed by Christ the one true son of God then becomes immeasurable.

Things, ideas, emotions, finance, power, the greatest of these will not transcend mortal death. Yet Love, Charity, Compassion will and are, of the things of Light and Spirit in "God".

IN TRUTH, there is no other purpose for the Spirit indwelling in mortal state than the seeking of those truths and actions which leads to eternal majestic completion in the Light of "God" "The Father" and "Christ" "the Son" All of wisdom, all of love, all of divine acceptance are enabled thru Completion with them.

OF ALL OF THE GOALS THE SPIRIT IN MORTAL BODY SET, NONE CAN BE HIGHER OR MORE VALUED THAN THAT OF THE SEARCH FOR, A ATTAINMENT OF, TRUTH OF ALL LIGHT AND COMPLETION OF THE SPIRIT WITH "God and Christ".

### ***Joy of Spirit fulfilled:***

Joy of Spirit with "God & Christ" Joy of the beauty of the achieved goal. The pro-active life of the Spirit with the realized Truth of the light of "God" and "Christ".

Completion, Fulfillment, I feel your pain, your Mourning.....

...Lost opportunities.....

Spirit unfulfilled, untried, denied... Emptiness, Hollowness, a sense of "Unknown However felt loss". A loneliness of non-ending melancholy... Isolation and devastation of emotions, in the Eternal Spirit within us... Mourning, "it's" unfulfilled aspirations... opportunities lost... not realized... Hopes, ending in despair... finally, mourning "Truths".... Known... "and not...attained... Truths"... suspected.....and lost...

### **PRAYERS**

#### **PRAYER PRESCRIPTION FOR THE LIGHT**

DAILY ASK FOR THE LIGHT AND PROTECTION FOR THE DAY:

DEAR LORD JESUS!

Thank you for this day and all things in it.

Please protect me in the light of your love this day as I go about my necessary action. The darkness and its agents are not welcome here.... Ever.... And must obey you to leave from me and mine:

Lord, as I know this is your will also for me I Thank you for your loving me, even before I knew to love you.

I ask for this Lord, in the name of that Cross on which I knew you suffered for me as validation of your fulfillment of all things past and validation for me in this time her and now.

I ask this in the name of your blood on the Cross-, which is your victory not only over death, but also over darkness and the devil, which thru your life, death, and resurrection defeated forever who now must obey you to leave us in the Light.

I ask this in the name you are called "Jesus"!

The Name they call you here and I ask it in the Name I call you "Friend", as you are my best friend, you loved me first. PRAISE YOU.....AMEN

### **Prayers (2/17/95)**

GRAINS OF SAND IN THE HOURGLASS OF LIFE

CHANGE AS TO: SPEND LESS TIME CONDIDERING THE TOTLAL VOLUME, MUCH MORE TIME SPENT KNOWING AND SAVORING EACH GRAIN, IT'S UNIQUENESS, IT'S BEAUTY AND IT'S INDIVIDUAL UNIVERSE SUCH IS OUR NATURE WHERE RELATING OURSELVES TO TIME AND OUR QUEST OF LOVING AND OUR FREELY GIVEN CHARITY, IN THE PRESENT TIME OF OUR OWN DAILY UNIVERSE!

### **"SLEEPER" AWAKEN"**

**Thoughts & Prayers. An Original Text**

**...by Rev Dr. G. Gordon Allen Gordon Allen Spiritual Ministries**

Why do we pray? In the human experience we feel the need to reach out to touch that higher authority over us. We accept that authority in our lives and desire it's support of our efforts in the human dimension. God the Father and his Son Christ have shown us and told us of the need for prayer contact in our lives. When prayed in sincerity, we correct heart, (this means your attitude is one of expectation of being heard) with our heart being correct, we mean loving, toward God and His Son Christ But more than that, it may be heavy with the problems of the human condition and yet light in the sense of it's freedom Spirit. Approaching prayer with burdens... causes us, on a subconscious level, to hold back in our emotional and spiritual commitment to the prayer through feelings of unjustified unworthiness.

Therefore; feelings, no matter how subtle, do impact our meditative prayer, as well as the quality of the expectation of our prayer requests being met.

When we pray it is paramount that we pray with true expectation of results. Some very spiritual persons have kept a record of their prayer requests. Noting when they were made and/or repeated, and when they were fulfilled. After awhile, most stop recording by

virtue of the record showing that by far the vast body of requests through prayer were in fact answered!! That's right!!! Prayer IS answered! We are not speaking of immature or child-like requests but of real, sincere, contrite prayer with the serious expectation of fulfillment.... In the majority of examples, the answers came in unexpected ways; with the prayer answered, however sometime not exactly in the requested manner. Still other times... the timing is that of the Spirit rather than ours, yet the result is prayer answered! How do we arrive at the serious contemplative state of mind preceding prayer?

First, you must let go of any or all of the negativity you feel towards others. Our God and His Son Christ are of "Love". They want the very best for you. Yes, in many cases it seems almost impossible to stop hating and/or feeling hostile towards certain individuals or groups. It is essential you do, not just to remove those feelings as blockage to prayer; but those feelings also block your spiritual awakening and growth in this human existence. By holding on to these seemingly legitimate feelings, those whom you loathe or have harmed you in whatever form gave you these feelings in the first place. Stop them here and now! If you do not they CONTINUE TO CONTROL YOUR ACTIONS/REACTIONS AND YOUR VERY SELF. WHILE DOING THIS, THEY CONTINUE THEIR HURTING OF YOU! WHY? Because YOU of your own free will allow it!

That's Right! By continuing these negative emotions with you in your "reactive" personality condition, not only are you making it harder for God's Love to be active in your life, but also you perpetuate the events, which hurt you. YOU DO IT ALL TO YOURSELF! This is NOT how God and His Son Christ want YOUR life to be. They want the best for you! This is in no way your intended Spiritual path. But it is a two way street. You must make some effort yourself.

What kind of effort is required? Simply stated: your best efforts. Will it be good enough? Of Course! You cannot fail in this as a true desire of your spirit:

God never asks more from us than we are capable of at this time, in our life as we are, the conditions we are in at this time, and place we are at. By place we mean TWO things, ONE is physical place, the Second emotional, where our head and our heart is: Another way of saying this is that thru His sincere, great love for us, that we have a good, and for us, a successful life. In this world and in our transition back into our true spiritual home with him (HEB 11:13)

WHEN WE COME TO GOD IN LOVE, be confident, God ALREADY UNCONDITIONALLY LOVES US FIRST! GGA

Therefore, He unconditionally accepts us for who we are at that moment with all other conditions known!! That being true, (which it is) what about this hate and anger we just spoke of? The hate and anger blocks our love from reaching out, and it blocks Christ's options and solutions for us.

The result then, is that God's and our desired results for both our lives and our prayers are not able to come to their fullness. It is truly unfortunate that most of us live in such a negative society. The example is to be against rather than for things, to point out pimples rather than overall beauty. This world and our lives need not be that way.

God's plan for you is one of *immaculate Beauty* and it is yours when you sincerely seek it and commit to it.

The key to it, starts with you.

WE START WITH PRAYER. PRAYER WHICH HEALS US OF ALL HURTS AND ANGER IN OUR LIFETIME TO THIS POINT.

First we must understand what are those hurts and angers, which are blocking all your desired results from God and Christ!

To accomplish this, get out paper and pen and write down, who hurt you, how you feel about that today. Be totally honest; dump all of your emotion and anger and frustration. Have a "take no prisoners attitude." Be ruthless. If need be, take several days in preparing the list. Have no sacred areas:

Name names; Mom, Dad, Wife, Husband, Children, Grandpa, Grandma, Cousins, Lovers, Boyfriends, Lady friends, co-workers, governmental systems, Church members. Name them all. Go as far back as you can in life, your old babysitter; kids in the neighborhood, kindergarten teacher and on... We think you've got the point. Take time and revisit in your mind and on paper those times and places... relive the hurt if it helps however, this time you know YOU ARE ABOUT TO DO SOMETHING ABOUT IT.

With your list now as complete as you reasonably can have it, go over it and see who is still around where you would know how to contact them if that proved desirable. Review in your mind what were the circumstances of your last meeting of them?

1. Did you smile when you wanted to scream at them?
2. After you left them were you sick to your stomach?
3. Does just thinking about it give you a headache?

The Lord does not want and never wanted you to have these emotions in your life. He however understands the human emotions and has given us the gift of prayer, the gift of the Holy Spirit and the gift of our free will to deal forever with these hurts.

1. Gifts of Prayer
2. The Holy Spirit
3. Our own free will

Now that we have our list, assuming we have been even brutally honest with ourselves, (no one else will see it), It is time to prioritize it! Taking our list we will now call it The Master List. Make a new list from some of the names and events on it:

**\*\*First List\*\***

- A) Names of those who hurt us even those unspeakable ways.
- B) Ones who came against us in ways, which challenged even God's forgiveness.

C) Those who cheated us in ways, which changed our outcome very negatively.

D) Don't forget "Yourself" on this list of prime transgressors against ourselves:

**\*\*Second List: \*\***

The names of those who hurt us in less lethal ways. Ways, that now looking back with the perspective that time gives us, shows to us that we survived those hurts:

**\*\*Third List:\*\***

Those who hurt us not knowing what they did at the time or even now.

**Before we start on what to do with these lists, we must make sure you understand YOU ARE NOT to wildly reopen these old wounds.**

This activity is entered into; to gain healing for yourself thru that released creative energy, now, more fully open the way for the fullness of God's love; and the gifts of the Holy Spirit to manifest themselves in your daily life. In this is very positive, creative, loving activity. You cannot fail. ***You will succeed.***

Taking the names on our first list... Write a letter... that you will not mail... to each person on that first list...

In written word. Go after them, be aggressive, tell them of the hurt, the damage, the endless anxiety, fear, hate, self-doubt, and worthlessness they, through their actions, caused you. Say it all!! Be Mad! Cry! Shout! Feel the emotions! Put it on paper. When this has been written, say this prayer:

"Praise you Lord Jesus"  
"Thank you for loving me and accepting me  
as I am right now in the place and way that I am.  
I love you!  
Please forgive me the hurts I have caused others  
As I now forgive those who have indeed caused  
Great hurt, pain in their coming against me.  
I ask now for your grace and compassion on myself and them as well."

"Lord! Christ! Christ!"

The effects of the hurt we do to one another at times are so overwhelming in their impacts as to render so much less effective on our Spiritual journey seeking you. In our Awakening. "These sometimes overwhelming hurts are more than I can carry any further. I am turning this over to you, you who can deal with this, which now is just beyond me.

Lord

I turn over (name)x\_\_\_\_\_

Who, on this occasion did or said this as I wrote in this letter to them,"

(READ THE LETTER, TOTALLY!!  
AT THE END OF THE READING SAY:)

Dear Lord, this burden is too heavy, take it from me; deal with it your way.”  
Deal with this person. Your will be done in this matter. Not mine but yours.

I now turn this person over to you In so doing, I, in my heart, release  
All my emotions about this matter. It is in fact, totally in your hands Lord:  
The weight of this is lifting even now. Deal with it Lord! I, for my part, now  
Release forever these hurts

declaring I forgive them for it. I profess I will love them now rather than hate them,  
however, I will love them from a distance which will prevent a repeat of this hurt!

All praise to you, Lord, for you are truly worthy of all praise and all love:  
Thank you Lord.” SO IT IS!! AMEN

For help with this or further information Contact  
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